

# NO LIMITS GIRLS BASKETBALL CAMP

The Elk River Youth Basketball Association and the Elk River Girls Varsity Basketball Program is offering a basketball camp, entitled **No Limits**. The camp will be conducted by current Girls Varsity Basketball Coach Reed Caouette and former Girls Basketball Assistant Brian Gilbertson. Reed will facilitate the 5, 6, 7, and 8<sup>th</sup> grade sessions and Brian will facilitate the 1, 2, 3, and 4<sup>th</sup> grade sessions.

Varsity basketball players will also interact, teach, and encourage each camper. The camp will focus on basketball fundamental skills in the areas of passing, dribbling, shooting, rebounding, and defense. Skills used throughout the camp will be challenging, competitive, and fun. This camp is a great opportunity to prepare for the upcoming basketball season.

**What's your Limit?** We would like to find out.

## **4 Day Camp Dates (based on 2010-2011 grade level)**

Grades 1 & 2	August 9 - 12 (MTWTH)	5:30 – 7:00 at Lincoln Elementary
Grades 7 & 8	August 9 - 12 (MTWTH)	7:30 – 9:00 at Elk River High School
Grades 3 & 4	August 16 – 19 (MTWTH)	5:30 – 7:00 at Salk Middle School
Grades 5 & 6	August 16 – 19 (MTWTH)	7:30 – 9:00 at Salk Middle School

Cost: \$40 (Family Max: \$80) Make checks payable to: No Limits Basketball Camp  
Mail Registration and Payment to: 21356 Queen Court NW, Elk River MN 55330.  
Any questions please contact Brian at 612-387-0055

Name: \_\_\_\_\_ Grade (2010-2011): \_\_\_\_\_

Phone (H): \_\_\_\_\_ Phone (C): \_\_\_\_\_

Youth T-Shirt Size (Circle One): S M L Adult T-Shirt Size: S M L XL

Medical Condition or Allergies: Yes or No If Yes, Please Explain \_\_\_\_\_

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I hereby confirm that my child is in good physical health and may participate and compete in vigorous physical activity. I authorize No Limits Staff to secure emergency medical treatment deemed necessary and release No Limits Camp and staff from any liability for injuries or damage of any kind sustained by my child at No Limits Camp.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Registration Deadline: Postmarked by 07/23/10 (T-shirt received during camp) Late Registrations will be taken as late as the first day of camp, but T-shirt sizes and quantities may be limited.