

ELK RIVER FCA

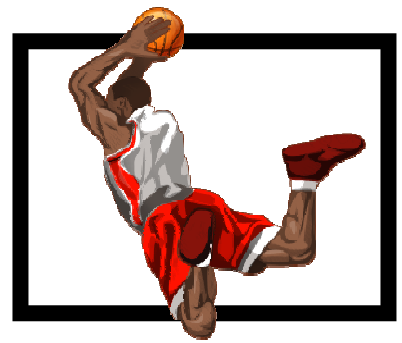


ELK RIVER MIDDLE SCHOOL SPORTS CAMP



JUNE 22 - 24, 2010
9:00 AM - 3:00 PM
ENTERING GRADES 6 - 8

**AT SALK MIDDLE SCHOOL
IN ELK RIVER**





CAMP THEME

The camp theme Core Strength will develop the FCA Core Values – Integrity, Serving, Teamwork and Excellence. Athletes will be challenged to develop these values into their lives ... on and off the field of competition. Core values are simply the way you live and conduct yourself. They are your attitudes, beliefs and convictions. Values should be what you are, not what you want to become. The goal is to embody your values every step of the way. These Four Core are so powerful, we will unpack them as our camp theme in 2010.

FCA MIDDLE SCHOOL SPORTS CAMP

FCA is a sports ministry for all ages that has been doing camps for 56 years. This day camp is for middle school athletes who want to develop their skills in sports and build their personal character. Athletes will pick one sport for the camp.

CAMP STAFF

Camp Staff will be directed by Jake Vanada, Tom Ness and Mike Breyen. Jake has been on staff with FCA for 3 years and is the Twin Cities Director. Tom is a local pastor who loves sports. Mike is a teacher and coach at Elk River High School and FCA huddle coach.



The Coaching Staff will consist of coaches on the Elk River High School coaching staffs and local youth coaches. They will be assisted by local high school and college athletes.

CAMP FEES AND REGISTRATION DEADLINE

Registrations Deadline: June 1

If you register and payment is postmarked on or before June 1, the camp fee is \$55.00. Scholarships and Sponsorships are welcome.

Late Registration and Walk-ups

Registrations received after June 1 and walk up registrations will be accepted if space is available. However, the cost will increase to \$70.00 and a t-shirt may not be available.

MIDDLE SCHOOL CAMP SCHEDULE

Tuesday:

8:30 – 8:50 AM Check-in
9:00 AM – 3:00 PM Camp

Wednesday & Thursday:

9:00 AM – 3:00 PM Camp

SAMPLE DAILY SCHEDULE

9:00 AM Welcome – Chalk Talk
Announcements & Character Training
9:20 AM Clinics by Sport
11:30 AM Small Group Huddles
12:15 PM Lunch (*bring your own*)
1:00 PM Competition by Sport
2:00 PM Camp Olympics
3:00 PM Pick-up



WHAT TO WEAR AND BRING

Wear appropriate and modest athletic clothes and shoes for your sport. Don't forget to apply sunscreen before coming to camp as we will be spending time outside. Bring a sports bag, lunch, and water bottle. Each of these items should have the camper's name clearly written on them. Also bring an extra pair of shoes to wear inside.

Football players, bring shoulder pads and helmet if possible.

REGISTRATION FORM

Please fill out and return this form. If more than one child is attending camp from your family, please fill out one form per child.

Camper Last Name: _____

First Name: _____

Circle gender: M F Age as of 6/22/10 _____

School (Fall 2010): _____

Grade (Fall 2010): _____

Circle Size Shirt: AS AM AL AXL

Church (If applicable): _____

Parent/Guardian Name: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Alternate Phone: _____

Email Address: _____

We may use email to make important camp announcements.

Circle Sport Participating In:

Boys: Basketball Football

Girls: Basketball Dance

Register online at www.twincitiesfca.org or return this form along with a check made out to: **FCA**

Mail To: Elk River FCA Sports Camp
c/o Mike Breyen
19330 Rush Ct NW
Elk River, MN 55330